Homeschool suggestions:

As a homeschool parent you may choose your own programs and curriculum. I have not used these materials, but I have had parents tell me what is working for them. I added the part at the bottom about what research shows children need. If you have success with programs that you would like to share, let me know and I will add them to my list.

Math:
Saxon Math Homeschool Package
Math U See https://mathusee.com

Language Arts:
  Writing: Writing with Ease, by Susan Wise Bauer
  http://www.susanwisebauer.com/books/
  Vocabulary and Spelling: Wordly Wise
  www.wordlywise3000.com/games/book04.cfm
  Reading: Michael Clay Thompson, MCT Language Arts Curriculum, Level 1, The Island

Social Studies (History): The Story of the World by Susan Wise Bauer
http://www.susanwisebauer.com/books/the-story-of-the-world/

- School hours must be 1080 hours for the year. (This is 180 days of 6 hours of instruction each day).
- Visit the library every week, checking out books for reading aloud and independently.
- Allow no video games or TV during this instructional time.
- Take short physical breaks not couch breaks (go outside and play).